

This Question Paper consists of 18 questions and 4 printed pages.

Code No. 71/S/642/ACV/A/E

Roll No.

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**HAND AND FOOT CARE
(642)**

Serial No.

Day and Date of Examination :

Signature of Invigilators : 1.

2.

General Instructions :

1. Answer of **all** questions are to be given in the Answer-Book given to you.
2. 15 minutes time has been allotted to read this Question Paper. The question paper will be distributed at 2.15 p.m. From 2.15 p.m. to 2.30 p.m., the students will read the question paper only and will not write any answer on the Answer-Book during this period.
3. Candidate must write his/ her Roll Number on the first page of the Question Paper.
4. Answer of all questions, including matching, true or false, fill in the blanks, etc. are to be given in the answer-book only.
5. Please check the Question Paper to verify that the total pages and the total number of questions contained in the Question Paper are the same as those printed on the top of the first page. Also check to see that the questions are in sequential order.
6. Making any identification mark in the Answer-Book or writing Roll Number anywhere other than the specified places will lead to disqualification of the candidate.
7. (a) The Question Paper is in English/Hindi medium only. However, if you wish, you can answer in any one of the languages listed below :
English, Hindi, Urdu, Punjabi, Bengali, Tamil, Malayalam, Kannada, Telugu, Marathi, Oriya, Gujarati, Konkani, Manipuri, Assamese, Nepali, Kashmiri, Sanskrit and Sindhi.
You are required to indicate the language you have chosen to answer in the box provided in the Answer-Book.
(b) If you choose to write the answer in the language other than Hindi and English, the responsibility for any errors/ mistakes in understanding the question will be yours only.
8. Candidate will not be allowed to take Calculator, Mobile Phone, Bluetooth, Earphone or any such electronic devices in the Examination Hall.
9. In case of any doubt or confusion in the Question Paper, the English version will prevail.
10. Write your Question Paper Code No. 71/S/642/ACV/A/E on the Answer-Book.

71/S/642/ACV/A/E]

G-4047

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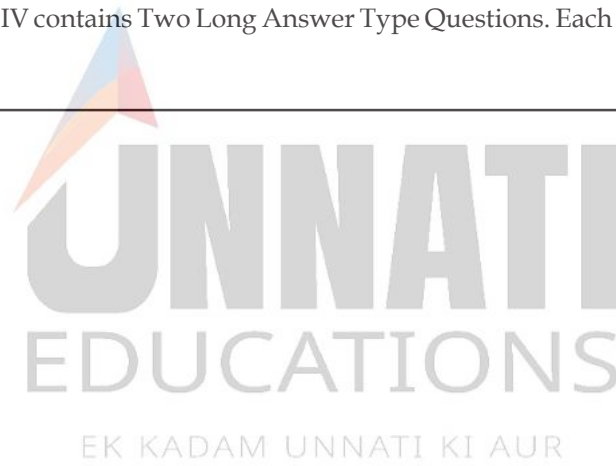
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HAND AND FOOT CARE (642)

Time : 1½ Hour]

[Maximum Marks : 30

- Note :
- (i) This Question Paper consists of four Parts, viz. Part-I, Part-II, Part-III and Part-IV containing 18 questions.
 - (ii) Part-I contains Four Choose the correct option Questions. Each question carries 1 mark.
 - (iii) Part-II contains Four One Sentence Questions. Each question carries 1 mark.
 - (iv) Part-III contains Eight Short Answer Type Questions. Each question carries 2 marks.
 - (v) Part-IV contains Two Long Answer Type Questions. Each question carries 3 marks.



Note : All questions are compulsory.

PART - I

Choose the correct option from the options listed below :

1. Carpal or wrist bones comprise of : [1]
(A) Four carpal bones arranged in rows of four
(B) Eight carpal bones arranged in rows of four
(C) Ten carpal bones arranged in rows of four
(D) Twelve carpal bones arranged in rows of four
2. Cells are cleaned of waste material through : [1]
(A) Blood
(B) Plasma
(C) Lymph
(D) Arteries
3. Cuticle knife is used to: [1]
(A) Cut the excess cuticle away from the nail
(B) Push the excess cuticle away from the nail
(C) Lift the excess cuticle away from the nail
(D) Fold the excess cuticle away from the nail
4. A nail file is a tool used to: [1]
(A) Create gradient looks
(B) Paint the background designs
(C) Trim nails in relation to the natural curvature of the nail plate
(D) Gently grind down and shape the edges of nails

PART - II

Explain the following in one sentence only.

5. Manufacturer's instructions [1]
6. Legislation [1]
7. Professional [1]
8. Client Consultation [1]



PART - III

Short Answer Questions :

9. List and briefly describe the bones of the leg. [2]
10. What are the benefits of Paraffin Treatment of hands? [2]
11. How will you prepare a soak bath for pedicure? [2]
12. Explain the following shapes of nails : [2]
- i) Round
 - ii) Square
 - iii) Squoval
 - iv) Almond
13. What tools are required to remove dead and hard skin of feet? [2]
14. What are the Safe Work Practices to avoid regular and accidental exposures to chemicals in the salon? [2]
15. List any eight contra-indications of Pedicure. [2]
16. What do you mean by effective communication? [2]

PART - IV

Long Answer Questions :

17. Describe the method of making and using the following: [3]
- i) Potato Mask
 - ii) Hand and Feet Scrub
18. Name the different bones of the Arm/Upper Limb. [3]

